

Juices - Drinks - Slush



GUINN....SS PUNCH £3.00
Guine...ss mixed With Nutrimint, Spices & secret Jamaican ingredients.

JUMP FENCE £3.50
Jump Fence mixed with guine...sss, dragon, oats, & secret Jamaican ingredients.

Mhm Hmh £3.50
Mhm Hmh mixed with guine...sss, dragon, supligen, Pumpkin Seed & secret Jamaican ingredients.

CARROT JUICE £3.00
Carrots blended & mixed with spices & then sweetened with milk in Jerk & Grill secret ingredient. (help improve eye health)

ITAL CARROTS & GINGER £2.50
Ital carrots & Ginger (Carrot blended with ginger & secret ingredient) help improve eye health.

ITAL BEETROOT & GINGER £2.50
Ital Beetroot & Ginger (beetroot blended with ginger & secret ingredient) perfect for detoxifying & reducing blood pressure.

ITAL PINEAPPLE & GINGER £2.50
Ital Pineapple & Ginger (Pineapple blended with ginger & secret ingredient)

ITAL CUCUMBA & GINGER £2.50
Ital Cucumber & Ginger (Cucumber blended with Ginger & a secret ingredient)

CAN DRINKS £0.70

WATER £0.50

SLUSH £2.50
Pineapple-Ginger-Strawberry-Lemon & Lime



Milk Shakes

Created with the finest blend of ice-cream, quality chocolate & the finest Syrup

OREO £3.00
FERRERO ROCHER £3.00
SKITTLES £3.00
CRUNCHIE £3.00
STRAWBERRY £3.00
MINT AERO £3.00
SNICKERS £3.00
BOUNTY £3.00
KIT KAT £3.00



Cakes

PLAIN SPONGE CAKE £1.50
BANANA CAKE £2.00
CARROT CAKE £2.50
SWEET POTATO PUDDING £2.50
FRUIT CAKE £2.50
CHEESE CAKE £2.50
OREO CAKE £2.50
RED VELVET CAKE £2.50
CHOCOLATE FUDGE CAKE £2.50

Catering

We also specialise in catering for weddings, christenings, funerals, parties, & business lunches (bring your order into the shop or email: info@jerkandgrill.com)
tel: 0121 523 4500

Wraps - Salads - Coleslaw

MIXED SALAD (V) £1.00
COLESLAW (V) £1.00
JERK CHICKEN SALAD WRAP £3.00
FRIED CHICKEN SALAD WRAP £3.00
JERK LAMB SALAD WRAP £3.00
FRESH SALAD WRAP (V) £2.00
PRAWN SALAD £5.00
JERK CHICKEN SALAD BOX £4.50
JERK LAMB SALAD BOX £4.50
PEPPER KING PRAWN SALAD BOX £4.95
STEW KING PRAWN SALAD BOX £4.95
BONELESS FISH SALAD BOX £4.50
ACKEE SALAD BOX (V) £4.50
FRIED CHICKEN SALAD BOX £4.00
CURRIED MUTTON SALAD BOX £4.95
OXTAIL SALAD BOX £4.95



Baguettes

JERK CHICKEN & SALAD £4.00
JERK LAMB & SALAD £5.00
FRIED CHICKEN & SALAD £4.00
CURRIED MUTTON £4.50
OXTAIL £4.50
STEW CHICKEN £4.00
STEW KING PRAWN £6.00
ACKEE (V) £3.50
ACKEE & SALTFISH £5.00
CHEESE & SALAD (V) £3.00
SALAD (V) £2.50
OKRA & BEANS (V) £3.50
CALLALOO (V) £3.00



Snacks

FRIED DUMPLINGS (V) £0.50
BANANA FRITTERS (V) £1.00
SALT FISH FRITTERS £1.00
MACARONI & CHEESE £2.50



www.jerkandgrill.com

DELIVERY SERVICE AVAILABLE

HANDSWORTH : 0121 523 4500
ASTON : 0121 679 4981
0798 374 1355
ERDINGTON : 0121 293 3094
0798 374 3961

COMPLAINTS (WhatsApp only) : 0749 694 3530

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THE TASTE OF JAMAICA



NEW PERI PERI
JERK CHICKEN & JERK LAMB

HANDSWORTH : 0121 523 4500
ASTON : 0121 679 4981
ERDINGTON : 0121 293 3094



GET IT ON Google Play

Download on the App Store

Search: Jerk and grill

Order online: www.jerkandgrill.com

£2.50 delivery within 3 miles on orders over £10.99

Jamaican Breakfast



ACKEE & SALT FISH (PORTION) £3.50 - £5.00

Jamaica's national dish. Ackee fruit steamed with salted codfish, peppers, onions & spices.

ACKEE (PORTION) (V) £3.00 - £6.00

Ackee fruit steamed with peppers, onions & spices.

CALLALOO & SALT FISH (PORTION) £3.00 - £5.00

Steamed with salted codfish, peppers, onions & spices.

CALLALOO (PORTION) (V) £2.50 - £4.50

Steamed with peppers, onions & spices

OKRA & BEAN (PORTION) (V) £3.50 - £7.00

Steamed with peppers, onions & spices

FRIED DUMPLINGS (V) £0.50

Prepared by adding Cornmeal & flour & then fried

SALTFISH FRITTERS £1.00

Saltfish mixed with onions, peppers & spices

FRIED PLANTAIN (PORTION) (V) £1.00

Sliced plantains lightly fried

FRIED BREAD FRUIT (V) £1.00

Breadfruit roasted & lightly fried

CORNMEAL PORRIDGE (V) £3.00

Boiled cornmeal with spices

HOMINY CORN PORRIDGE (V) £3.00

Corn boiled with spices

PEANUT PORRIDGE (V) (N) £3.00

Peanut blended & boiled with spices

English & American Breakfast

LIGHT BREAKFAST £3.75

2 Fish Fingers, 1 Sausage, 1 Egg, Beans, And 1 Toast

ALL DAY BREAKFAST £4.75

3 Fish Fingers, 1 Sausage, 1 Egg, Beans, 2 Mushrooms, 1 Tomato And 1 Toast

TRADITIONAL BREAKFAST £7.00

3 Fish Fingers, 2 Sausage, 2 Egg, Beans, 1 Tomato, 2 Mushrooms, 1 Hash Brown And 1 Toast

BUILDERS BREAKFAST £7.50

3 Fish Finger, 2 Sausage, 1 Egg, Beans, 2 Mushrooms, 1 Tomato, 2 Hash Brown, Portion of Fries,

AMERICAN BREAKFAST £4.00

3 American Pancakes, 1 Scrambled Egg, 2 Sausages, 2 Hash Brown

Mixed Dishes With Fries

ALL MEALS ARE SERVED WITH A CHOICE OF:

+ CHOOSE ONE GARNISH: Veg or Salad

+ CHOOSE ONE GRAVY: Curried Mutton or Oxtail or Stew Chicken or Pepper Lamb or Pepper Prawn or Fish or Vegetable

+ CHOOSE ONE SAUCE: Sweet Jerk Sauce or Sweet & Hot Chilll Jerk Sauce

MIX JERK LAMB & JERK CHICKEN LARGE	£7.00
MIX JERK CHICKEN & FRIED CHICKEN LARGE	£7.00
MIX FRIED CHICKEN & JERK LAMB LARGE	£7.00
MIX PEPPER PRAWN & JERK LAMB LARGE	£7.00
MIX FRIED CHICKEN & PRAWN LARGE	£7.00
MIX BONELESS FISH & PEPPER PRAWN	£7.00
MIX BONELESS FISH & JERK LAMB LARGE	£7.00
MIX BONELESS FISH & JERK CHICKEN LARGE	£7.00
MIX PEPPER LAMB & JERK LAMB LARGE	£7.00
MIX PEPPER LAMB & STEW CHICKEN LARGE	£7.00
MIX PEPPER LAMB & JERK CHICKEN LARGE	£7.00
MIX CURRIED MUTTON JERK CHICKEN LARGE	£7.00
MIX CURRIED MUTTON & JERK LAMB LARGE	£7.00
MIX OXTAIL & CURRIED MUTTON LARGE	£7.00
MIX OXTAIL & PEPPER LAMB LARGE	£7.00
MIX OXTAIL & JERK LAMB LARGE	£7.00
MIX OXTAIL & JERK CHICKEN LARGE	£7.00

Mixed Dishes With Options

ALL MEALS ARE SERVED WITH A CHOICE OF:

+ CHOOSE ONE GARNISH: Veg or Salad

+ CHOOSE ONE SIDE: White Rice or Rice & Peas or Pumpkin Rice or Creamy Mash or Hard Food (Dumplings, Yam, Beans, Pumpkin)

+ CHOOSE ONE GRAVY: Curried Mutton or Oxtail or Stew Chicken or Pepper Lamb or Pepper Prawn or Fish or Vegetable

+ CHOOSE ONE SAUCE: Sweet Jerk Sauce or Sweet & Hot Chilll Jerk Sauce

MIX JERK LAMB & JERK CHICKEN LARGE	£9.00
MIX JERK CHICKEN & FRIED CHICKEN LARGE	£8.00
MIX FRIED CHICKEN & JERK LAMB LARGE	£9.00
MIX PEPPER PRAWN & JERK LAMB LARGE	£10.00
MIX FRIED CHICKEN & PRAWN LARGE	£10.00
MIX BONELESS FISH & PEPPER PRAWN	£10.00
MIX BONELESS FISH & JERK LAMB LARGE	£10.00
MIX BONELESS FISH & JERK CHICKEN LARGE	£10.00
MIX PEPPER LAMB & JERK LAMB LARGE	£9.00
MIX PEPPER LAMB & STEW CHICKEN LARGE	£9.00
MIX PEPPER LAMB & JERK CHICKEN LARGE	£9.00
MIX CURRIED MUTTON JERK CHICKEN LARGE	£9.00
MIX CURRIED MUTTON & JERK LAMB LARGE	£9.00
MIX OXTAIL & CURRIED MUTTON LARGE	£9.00
MIX OXTAIL & PEPPER LAMB LARGE	£9.00
MIX OXTAIL & JERK LAMB LARGE	£9.00

Dinners

+ CHOOSE ONE GARNISH: Veg or Salad

+ CHOOSE ONE SIDE: White Rice or Rice & Peas or Pumpkin Rice or Creamy Mash or Hard Food (Dumplings, Yam, Beans, Pumpkin)

+ CHOOSE ONE GRAVY: Curried Mutton or Oxtail or Stew Chicken or Pepper Lamb or Pepper Prawn or Fish or Vegetable

+ CHOOSE ONE SAUCE: Sweet Jerk Sauce or Sweet & Hot Chilll Jerk Sauce

FRIED CHICKEN £6.00 - £8.00

Fried chicken Jerk & Grill Style

BBQ CHICKEN £6.00 - £8.00

Chicken coated in a sweet & sour & honey sauce

CURRIED CHICKEN £6.00 - £8.00

Slowly cooked in Jamaican spices, full of flavour & tender to the bone!

JERK CHICKEN £6.00 - £8.00

Jamaica's traditional dish slowly roasted in Jamaican spices

STEW CHICKEN £6.00 - £8.00

Slowly cooked in Jamaican spices, full of flavour & tender to the bone!

OXTAIL £7.00 - £9.00

Slowly cooked in Jamaican spices, full of flavour & tender to the bone!

CURRIED MUTTON £7.00 - £9.00

Slowly cooked in Jamaican spices, full of flavour & tender to the bone!

STEW PEAS £8.00 - £10.00

Cooked salt beef, kidney beans & spices

PEPPER LAMB £8.00 - £10.00

Slowly cooked in Jamaican spices, full of flavour & tender to the bone!

JERK BEEF £8.00 - £10.00

A traditional dish slowly cooked & coated in Jamaican seasoning & spices.

JERK LAMB £7.00 - £9.00

Slowly cooked / Jerk in Jamaican spices, full of flavour & tender to the bone!



Fish & Sea Food Dinners

+ CHOOSE ONE GARNISH: Veg or Salad

+ CHOOSE ONE SIDE: White Rice or Rice & Peas or Pumpkin Rice or Creamy Mash or Hard Food (Dumplings, Yam, Beans, Pumpkin)

+ CHOOSE ONE GRAVY: Curried Mutton or Oxtail or Stew Chicken or Pepper Lamb or Pepper Prawn or Fish or Vegetable

+ CHOOSE ONE SAUCE: Sweet Jerk Sauce or Sweet & Hot Chilll Jerk Sauce

STEAM FISH £9.00

Seasoned with spices & cooked down with okra.

BROWN STEW FISH £9.00

Seasoned with spices

FRIED FISH £9.00

Seasoned with spices & served with peppers & onions

BONELESS FISH (TILAPIA) £7.00 - £9.00

Seasoned then fried Jerk & Grill Style

HAKE FISH £7.00 - £9.00

Seasoned then fried Jerk & Grill Style

STEW PRAWN £8.00 - £10.00

Seasoned with spices & cooked Jerk & Grill Style

PEPPER PRAWN £8.00 - £10.00

Seasoned with spices & cooked in coconut milk Jerk & Grill Style

HONEY PRAWN £8.00 - £10.00

Seasoned with spices & cooked with honey Jerk & Grill Style

LOBSTER £15.00 - £25.00 - £30.00

Seasoned with spices & cooked in coconut milk Jerk & Grill Style

CRAB £8.00 - £10.00

Seasoned with spices & cooked Jerk & Grill Style

LOBSTER PLATTER £30.00 - £50.00

Seasoned with spices & cooked in coconut milk Jerk & Grill Style.

+ CHOOSE THREE PORTIONS: Pepper Prawns or Jerk Lamb or Jerk Chicken or Boneless Fish

+ CHOOSE ONE SIDE: White Rice or Rice & Peas or Pumpkin Rice

Extra Toppings

LETTUCE	£0.50
CUCUMBER	£0.30
TOMATOES	£0.30
PICKLED ONIONS	£0.30
JERK SAUCE (SWEET/HOT)	£0.30
KETCHUP	£0.30
SALAD CREAM	£0.30
BBQ SAUCE	£0.30

Extra Gravy

CURRIED MUTTON	£1.00
OXTAIL	£1.00
STEW CHICKEN	£1.00
PEPPER LAMB	£1.00
PEPPER PRAWN	£1.00
FISH	£1.00
VEG	£1.00

NEW

Peri Peri Jerk Chicken/Lamb

PERI PERI JERK CHICKEN £5.00 - £8.00

Grilled in a spicy sauce made from crushed chillies, citrus, onion, herbs & Jerk & Grill spices

PERI PERI JERK LAMB £5.00 - £8.00

Grilled in a spicy sauce made from crushed chillies, citrus, onion, herbs & spices

PERI PERI JERK CHICKEN WINGS £3.00 - £5.00

Grilled in a spicy sauce made from crushed chillies, citrus, onion, herbs & spices



Vegetarian Dinners

+ CHOOSE ONE GARNISH: Veg or Salad

+ CHOOSE ONE SIDE: White Rice or Rice & Peas or Pumpkin Rice or Creamy Mash or Hard Food (Dumplings, Yam, Banana, Pumpkin)

+ CHOOSE ONE GRAVY: Vegetable

+ CHOOSE ONE SAUCE: Sweet Jerk Sauce or Sweet & Hot Chilll Jerk Sauce

PEA SOUP £3.00

Kidney beans or gungo peas cooked in coconut milk with sweet potato, dumplings & yam.

ACKEE £6.00 - £8.00

Ackee fruit Jamaica's traditional dish cooked with peppers, tomatoes, onions & spices.

CALLALOO £5.00 - £8.00

Steamed with peppers, onions & spices

ITAL STEW PEAS £6.00 - £8.00

Cooked with vegetables, kidney beans & spices

STIR FRIED VEG £6.00 - £8.00

Cabbage, Carrots, Peppers, Onions & Spices

POP CHOW (CHINESE VEG) £6.00 - £8.00

Steamed & cooked Jerk & Grill Style

OKRA & BEANS £6.00 - £8.00

Steamed with peppers, onions & spices

CURRIED SOYA / VEGGIE CHUNKS £6.00 - £8.00

Chunks cooked in coconut milk & spices

BROWN STEW SOYA / VEGGIE CHUNKS £6.00 - £8.00

Slowly cooked in Jamaican spices, full of flavour

ITAL STEW LENTILS £6.00 - £8.00

Slowly cooked in Jamaican spices, full of flavour

ITAL CURRIED LENTILS £6.00 - £8.00

Slowly cooked in Jamaican spices, full of flavour

Soups



CHICKEN SOUP £3.00

Chicken boiled with, carrots, potatoes, yam, dumplings, herbs & spices Jerk & Grill Style

MUTTON SOUP £3.00

Mutton boiled with carrots, potatoes, yam, dumplings, herbs & spices Jerk & Grill Style

PEA SOUP £3.00

Kidney bean or gungo peas cooked in coconut milk with sweet potatoes, dumplings & yam.

FISH SOUP £3.00

Fish boiled with carrots, potatoes, yam, dumplings, herb & spices Jerk & Grill Style

SEAFOOD SOUP £3.00

Fish, mussels & prawns cooked with potatoes, yam, dumplings, herb & spices Jerk & Grill Style

Portions With Options



+ CHOOSE ONE GARNISH: Veg or Salad

+ CHOOSE ONE SAUCE: Sweet Jerk Sauce or Sweet & Hot Chilll Jerk Sauce

FRIED CHICKEN	£4.50 - £6.50
JERK CHICKEN	£5.00 - £8.00
PERI PERI JERK CHICKEN	£5.00 - £8.00
JERK WINGS	£3.00 - £5.00
BBQ CHICKEN	£5.00 - £8.00
CURRIED CHICKEN	£5.00 - £8.00
STEW CHICKEN	£5.00 - £8.00
CURRIED MUTTON	£5.00 - £8.00
JERK/GRILLED BEEF	£5.00 - £8.00
JERK LAMB	£5.00 - £8.00
PERI PERI JERK LAMB	£5.00 - £8.00
PEPPER LAMB	£5.00 - £8.00
OXTAIL	£5.00 - £8.00
PEPPER KING PRAWN	£5.00 - £7.50
HONEY KING PRAWN	£5.00 - £7.50
STEW KING PRAWN	£5.00 - £8.00
BONELESS FISH	£5.00 - £8.00
FRIED HAKE FISH	£3.00 - £5.00

Portions

ACKEE (V)	£3.00 - £6.00
ACKEE & SALTFISH	£3.50 - £5.00
CALALLOO (V)	£2.50 - £4.50
CALALLOO & SALTFISH	£3.00 - £5.00
OKRA & BEANS (V)	£3.50 - £7.00
POP CHOW (V)	£5.00 - £8.00
STEAMED VEG (V)	£3.50 - £6.00
RICE & PEAS (V)	£3.00 - £5.00
PUMPKIN RICE (V)	£3.00 - £5.00
WHITE RICE (V)	£2.50 - £4.50
PLANTAIN (V)	£1.00
FRIES (V)	£1.50 - £2.00
MIXED SALAD (V)	£1.00
COLESLAW (V)	£1.00
CREAMY MASH (V)	£1.50
SOYA / VEGGIE CHUNKS (V)	£3.00
HARD FOOD (V)	£3.00 - £5.00

Boiled dumplings, yam, green banana & pumpkin